



Ministry of Higher Education and Scientific Research
University of Babylon
College of Sport Education

***Bodily Assessment according to Anthropometrical
Indicators and its Relation with Performance
Accuracy of Some Basic Skill Advanced
Volleyball Players***

**A Thesis
Submitted to the Council of the College of Sport Education
of Babylon University in Partial Fulfillment of the
Requirements for the Degree of Master in Sport
Education**

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ABSTRACT

**" Body assessment according to importance
anthropometrical featwres and relation its by performance
perfection of the main skills of advanced**

The research problem identified in the omission of some trainers of the importance of anthropometric indicators in the selection of players in the game of volleyball to represent cuubs and teams and given the role of these indicators of access to the best ievels were determined by the importance of research goals as flow :-

- Identify the most important anthropometric physical specifications of the players applicants Volleyball .
- Toidentify some of the basic skills of volleyball players applicants .
- Modify the physical anthropometric indicators of advanced volleyball players .
- Know the relationship between the levels of physical according to the most important indicators Anthropometry and accuracy of the performance of some basic skills of volleyball players users .
- Develop an equation predictive of the accuracy of the performance of some basic skills in terms of the most important volleyball anthropometric indicators that represent the physical Calendar players .

To achieve these goals , the researcher used the descriptive style relations to the relevance of the nature of the problem .

The research sample contains advanced players in the premier League in the provinces of the middle Euphrates and the number of players representing 64 clubs .

Denominator of the (Hashemia , Kufa , Mashkhab , Husseinia Al ghdeer , Dagharah , Sunni) and complement the work by the researcher to create devices and tools measurement and has conducted a pilot test to confirm the validity of tests and measurements on research as well , as some of the fittest and then the main experiment lasted 32 days .

Addressed by the researcher data statistically using statistical methods and appropriate , including regression and factor analysis and use the system and through the results the researcher to several conclusions and also comes :-

- Four factors extracted through factor analysis and anthropometric indicators have been constructing a model assessment of anthropometric indicators of the players advanced to the calendar of the physical volleyball players .
- Anthropometric indicators derived from the factor analysis , positive correlation with the skills and moral transmitter overwhelming spike bulwark offensive Volleyball .